





## BLACK HISTORY MONTH

This year's theme: Time for Change: Action Not Words


-  [Guide for employers](#)
-  [Celebrate at work](#)  
[Ideas for work](#)  
[More ways to celebrate](#)

55,900 new breast cancer cases in the UK every year

## BREAST CANCER AWARENESS MONTH

-  [Support through Breast Cancer](#)
-  [How HR can support Breast Cancer awareness](#)  
[Promote Breast Cancer awareness in the workplace](#)  
[How employers can help](#)


### WORLD VEGETARIAN DAY 1

-  [What can you do?](#)  
[Awareness \(benefits\)](#)


### NATIONAL GRANDPARENT'S DAY 2




### DYSLEXIA AWARENESS WEEK 3-9

-  [Strengths of Dyslexia](#)  
[What can HR do?](#)  
[Workplace adjustments](#)

### BACK CARE AWARENESS WEEK 3-7

-  [Healthy tips](#)  
[In the workplace](#)



### WORLD TEACHER'S DAY 5

-  [Ways to celebrate](#)  
[Activities](#)



### WORLD CEREBRAL PALSY DAY 6

-  [Infographics & posters](#)


### WORLD MENTAL HEALTH DAY 10

-  [Various resources](#)  
[Mind.org useful resources](#)
-  [Workplace tips](#)  
[Preventing stress](#)

### WORK - LIFE WEEK 10 -14

-  [Various resources](#)
-  [Are you doing enough?](#)  
[Effect on employers](#)

### NATIONAL COMING OUT DAY 11

-  [In the workplace](#)  
[How to celebrate](#)


### WORLD FOOD DAY 16




### NATIONAL WRITING DAY 20



### DIWALI 24

-  [In the workplace](#)  
[How to celebrate](#)  
[Engagement ideas](#)

### HALLOWEEN 31

-  [In the workplace](#)  
[Do's & Don'ts](#)

# OCTOBER '22

## EMPLOYEE ENGAGEMENT CALENDAR

# NOVEMBER '22

## EMPLOYEE ENGAGEMENT CALENDAR



**WORLD VEGAN DAY 1**

- [Celebrate Why does it matter?](#)

**STRESS AWARENESS DAY 2**

- [Tips in the workplace Preventing stress](#)
- [Resources & activities](#)

**BONFIRE NIGHT 5**



**REMEMBRANCE DAY 11**

- [How to remember at work In the workplace](#)

**ALCOHOL AWARENESS WEEK 11 - 19**

- [Resources for employers](#)
- [Running an awareness programme](#)

**KINDNESS DAY 13**

- [Acts of kindness in work Culture of kindness Power of kindness](#)

**ODD SOCKS DAY 14**

- [In the workplace Workplace bullying Tips for handling bullying](#)

**DAY OF TOLERANCE 16**

- [Managing respect & tolerance Racism in the workplace Be more tolerant](#)

**INTERNATIONAL MEN'S DAY 19**

- [Guide for employers](#)
- [Men's day at work What can employers do?](#)

**TRANSGENDER DAY OF REMEMBRANCE 20**

- [Webinar](#)
- [Showing trans inclusion](#)
- [Blog & resources](#)

**UNIVERSAL CHILDREN'S DAY 20**

- [Helping working parents Supporting staff caring for children](#)

**WHITE RIBBON DAY 25**

- [Resources](#)
- [Be an ally](#)

### DIABETES AWARENESS MONTH

More than 4.9 million people in the UK have diabetes



[Supporting someone with diabetes at work Workplace Support](#)

- [Fundraising guide](#)
- [Men's mental health Supporting men's mental health in the workplace](#)


Suicide is the largest cause of death for men under 50

### NOVEMBER




## HIV AWARENESS MONTH

There are 105,200 people living with HIV in the UK


 [Workplace resources](#)

## UNIVERSAL HUMAN RIGHTS MONTH

 [Building a culture](#)


### WORLD AIDS DAY

1

 [In the workplace](#)  
[Supporting those with AIDS](#)


### DAY OF PERSONS WITH DISABILITIES

3

 [How can HR help?](#)  
[Disability inclusion](#)  
[Steps to support staff](#)  
[Disability friendly workplace](#)


### VOLUNTEER DAY

5

 [Organise a successful volunteer day](#)


### HUMAN RIGHTS DAY

10

 [Various resources](#)


### CHRISTMAS JUMPER DAY

14

 [Dress code policies](#)


### HANUKKAH

18 – 26

 [Inclusive employer guide](#)  
[Celebrating multicultural holidays](#)

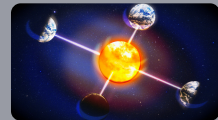
### HUMAN SOLIDARITY DAY

20

 [Celebrate unity in diversity](#)

### WINTER SOLSTICE

21



### CHRISTMAS DAY

25



### BOXING DAY

26



### NEW YEARS EVE

31



# DECEMBER '22

## EMPLOYEE ENGAGEMENT CALENDAR